for each number and corresponding item, a list of events whereby an event schedule is created;

said server computer arranged for sending a signal to said a selected one of said mechanisms to release and item according to said event schedule and an event signal to said cell phone activating said cell phone to generate an audio event signal as each said dosage is released whereby said user is informed that said dosage has been released for ingestion according to said event schedule whereby said system enables an operator to control dispensing items from said containers worn by a patient possessing said containers and cell phone, by said operator operating said keyboard to entering said event schedule into said server computer and said operator is enabled to maintain

surveillance of said client's adhering to said event schedule by observing said table displayed by said monitor. monitor.

23. (ORDIGINAL) The system of claim 22 wherein said event signal comprises an underline under said time of said event on said screen whereby said form becomes a history of events occurring during a program period wherein said program period is a length of time during which all event actions have been executed.

24. (ORIGINAL) The apparatus of claim 23 wherein said program period is 24 hours.

25. (NEW) A system for aiding a user to follow a schedule for taking an item of medicines/supplements dispensed as units of dosage in any form of pills, capsules, pouches of powders, which comprises:

a plurality of containers, each container adapted to hold a plurality of dosages of one of the items respectively and having a port for passing each one of said dosages;

a sliding door for each one of said containers respectively, kt 6/16/06 KT

a plurality of solenoids, each one of said solenoids coupled to a respective one of said doors and responsive to an open signal to open said door and thereby release one of said items; Chang to period KT 6/11/06

at least one of:

- (i) a buzzer;
- (ii) a red light, a yellow light, a green light;

a memory for:

(i) storing an operating program: